

HEAL Scholarship Program

ELIGIBILITY

Clinicians identifying as underrepresented in medicine (UIM) based on the Association of American Medical Colleges definitions (e.g., Black, Hispanic, Native Hawaiian, Pacific Islander, or Indigenous Peoples). UIM refers to racial and ethnic populations that are underrepresented in the medical profession relative to their numbers in the general population.

APPLICATION TIMELINE

- Launch: April 15th
- Deadline: May 6th at 11:59 AM PT
- Staff Review/Organization: May 6th until May 11th
- Applicant Review Notifications: May 11th
- Award Notifications: June 15th

APPLICATION INSTRUCTIONS

1

Create or sign in to your ACLM account and complete all required application questions [here](#).

2

Learn about Community-Engaged Lifestyle Medicine (CELM).

Community-Engaged Lifestyle Medicine is a pathway to health equity. In 2019, then co-chairs of ACLM's Community-Engaged Lifestyle Medicine Member Interest Group, now the HEAL Initiative, of which the HEAL Initiative scholarship is a focus area, published "Community-Engaged Lifestyle Medicine as a Framework for Health Equity: Principles for Lifestyle Medicine in Low-Resource Settings."

The paper explores "evidence that organized, multilevel and tailored disease prevention efforts targeting health equity are feasible on local, national, and global levels and can successfully narrow disparities in diverse groups around the world." This framework, known as Community-Engaged Lifestyle Medicine or CELM, is defined as "the practice of preventing chronic disease and promoting healthy lifestyle behaviors via collaborative, multi stakeholder, and community-engaged delivery of LM in diverse, low income populations."

3

Please answer one of the below prompt questions:

1) How does your interest in and desire to practice lifestyle medicine in under-resourced patient populations align with CELM?

2) How does your innovative programming and work-to-date in under-resourced patient populations align with the CELM framework?

As applications to the HEAL Scholarship Program will be subject to a double-blind review, please do not provide any personally identifying information in your Personal Statement. To further assist this process, please omit names and affiliations. (For example, replace mention of a specific university with "a large, US-based research institution"; replace mention of a specific community health center with a brief description, e.g., "a federally qualified health center providing primary care in an urban community").

4

Submit application by the May 6th deadline.

THE SCHOLARSHIP INCLUDES:



One year ACLM membership retail price: **\$274**



LM2026 conference registration retail price: **\$1,349**



Foundations of *Lifestyle Medicine Board Review* course retail price: **\$899**



ABLM Exam registration and certification fees for 2026 retail price: **\$1,798**



Total Retail Value*: **\$4,295**

*BASED ON 2026 RETAIL PRICING



For questions, visit the [ACLM Help Center](#).